



weelko

HighTech Combi Fit WKB009



Pressotherapy + Thermotherapy + Electrostimulation



HighTech Combi Fit WKB009



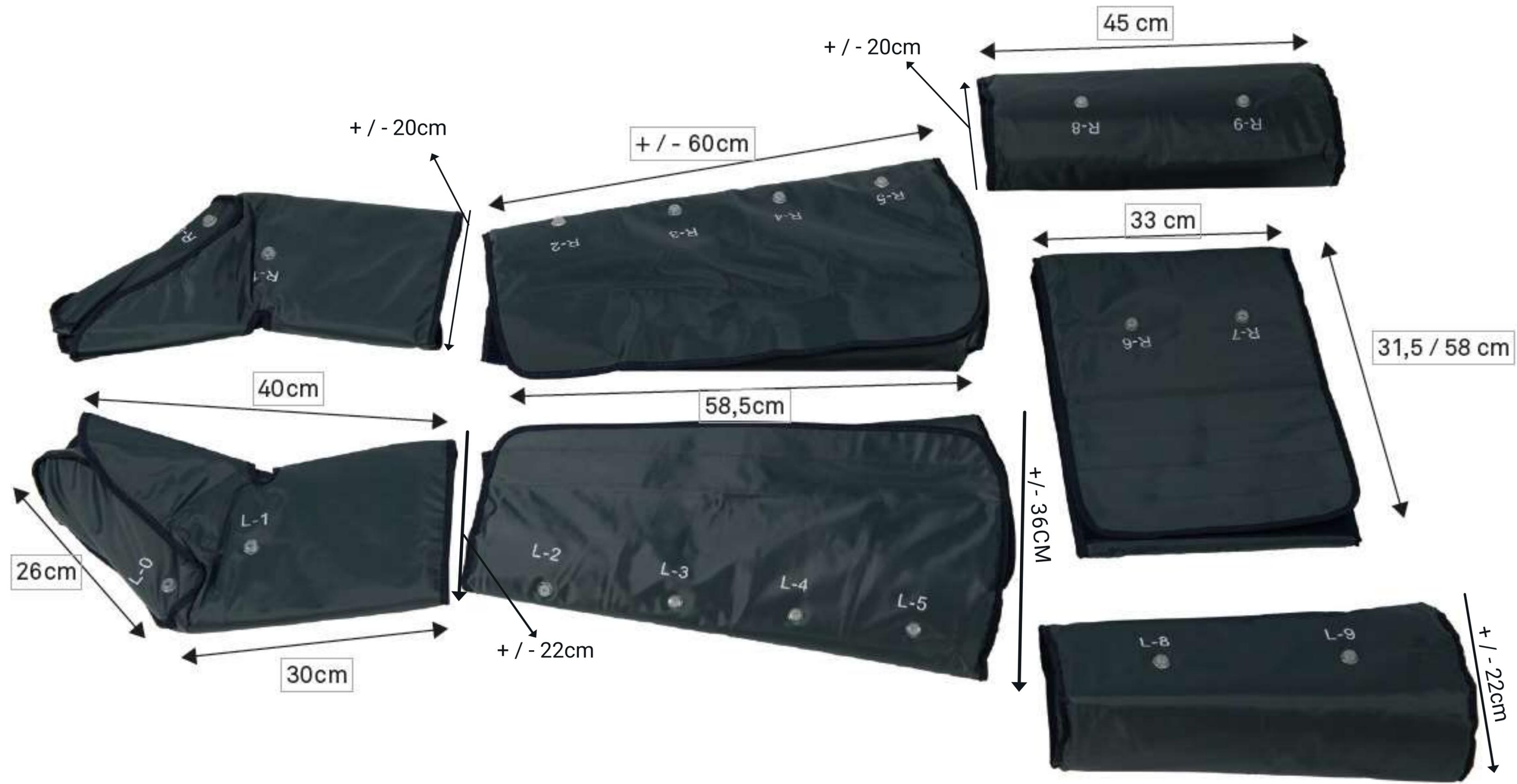
Pressotherapy + Thermotherapy + Electrostimulation

Equipment

- Pressotherapy right and left boot.
- Right and left leg.
- Abdomen.
- Right and left arm.
- Blanket, cables and air tubes.
- 10 big electrodes.
- 10 small electrodes.
- 2 cables with 10 output connectors.
- 20 elastic belts with Velcro.
- Main unit.

Note: This instrument is delivered with a thin adhesive film protecting the touch screen against possible scratches that may occur during transport. This film can be removed after unpacking.





HighTech Combi Fit WKB009



Pressotherapy + Thermotherapy + Electrostimulation

Equipment

WKB009 is a digital instrument with touch screen which combines three functions: thermotherapy, pressotherapy and electrostimulation. Suit composed of boots, legs, abdomen and arms. It also includes a blanket to store the wires and the suit. For the electrostimulation, the equipment includes 20 electrodes, 2 connectors and the elastic belts to hold them. Ideal to improve circulation and to ease fat removal through the activation of the lymphatic drainage, the cellular oxygenation and muscle relaxation, as well as muscle strengthening and reeducation.



HighTech Combi Fit WKB009



Pressotherapy + Thermotherapy + Electrostimulation

Equipment

Connections are on the rear panel. Connect as follows, from left to right:

- Plug in the power cable (200-240V 50Hz).
- Connect properly the cables to the 2 connectors for electrostimulation. The first connector for EMS from 0 to 4 and the second one for EMS from 5 to 9.
- Place the blanket with the cables on a flat surface so that the customer can lay down on it. Cover the blanket with disposable paper to ensure the best hygienic conditions.
- Wrap the suit around the user's body and adjust it. Remember to use a disposable garment underneath the pressotherapy suit.

HighTech Combi Fit WKB009



Pressotherapy + Thermotherapy + Electrostimulation



To switch on the device, press the button on the front panel and then click on the Weelko logo on the touch screen to select the desired menu. Choose “EMS” for electrostimulation, “Pressotherapy” for pressotherapy or “Far infrared”, for thermotherapy.

HighTech Combi Fit WKB009



Pressotherapy

Pressotherapy is a non-invasive and painless beauty treatment, which stimulates the lymphatic and circulatory systems. Its compression system is designed to increase the venous and lymphatic flow, improving venous return. Helps to remove toxins from the body and to revitalize and oxygenate the skin. Allows to achieve weight loss, to define the legs, abdomen and arms and to improve skin tone. The number of recommended sessions is 2-3 per week, but it can vary depending on the treatment and the results to achieve. Thus, a prior assessment of the customer is very important. This is a safe, relaxing and pleasant treatment. Hightech WKB009 is also equipped with thermotherapy and electrostimulations, which is an excellent combination.

HighTech Combi Fit WKB009



First, choose the treatment to perform:

Pressotherapy: to activate pressotherapy.

Mode: it allows to choose one of the four programs: A, B, C, D.

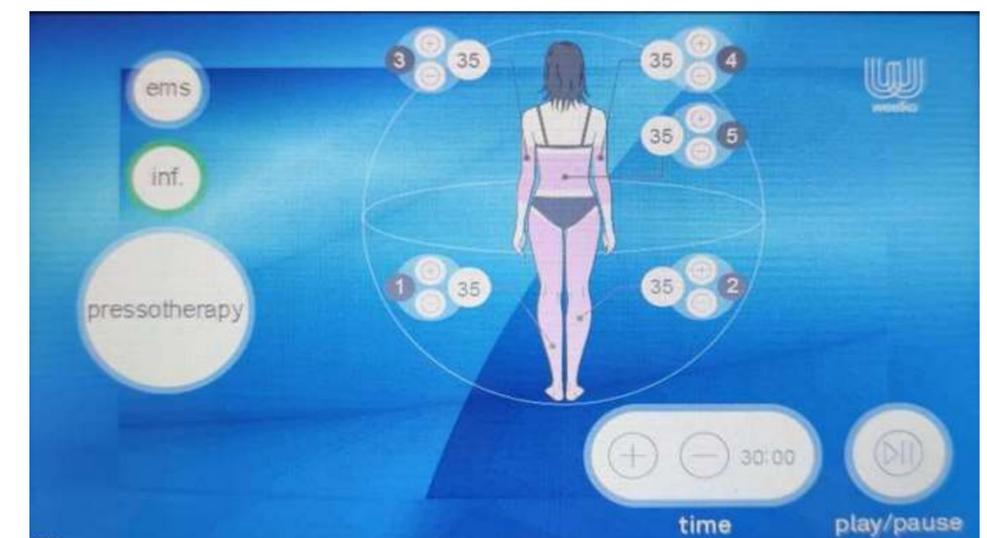
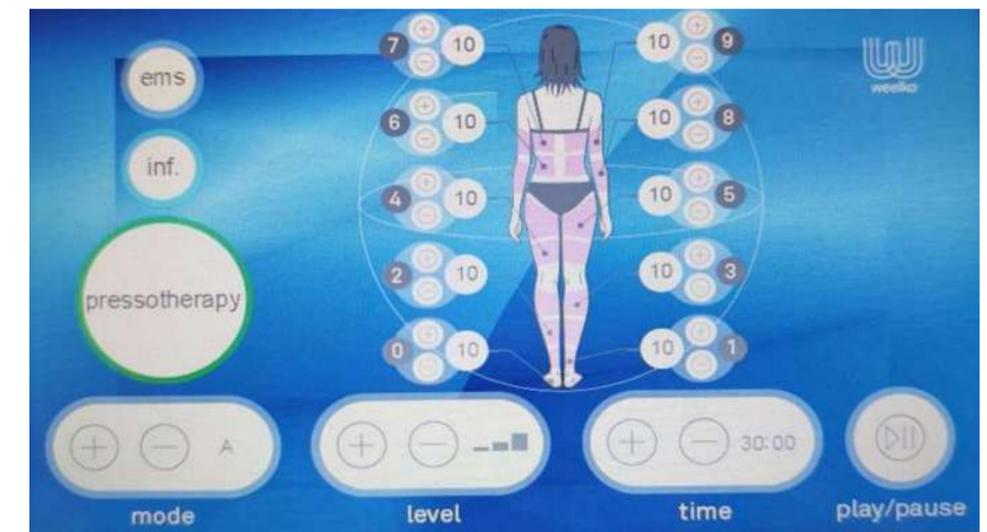
Level: to adjust the intensity of the treatment into 3 levels (low, medium and high), tailored to the client's needs. Always increase the intensity from less to more to prevent injury and check that the intensity is appropriate during the treatment.

Time: to specify the time of the treatment. Maximum recommended time is 30-45 min.

Play and Pause: to start or pause the device when necessary.

Far infrared: to activate thermotherapy

Intensity: the heat intensity can be adjusted on each part of the suit through the touch screen.



HighTech Combi Fit WKB009



4 programs are provided:

Mode A fills with air sections from 0 to 9. Section 0 is deflated when section 1 is inflated. Section 1 is deflated when section 2 is inflated and so on from one limb to another, from toes to arms. The filling time per section is 11 seconds and there's a rest time of 11 seconds, which provides a pleasant feeling of light drainage. At the end of the program, sections from 0 to 9 are inflated at the same time and the program starts again.

Mode B fills with air sections from 0 to 9. Section 0 is deflated when section 2 is inflated. Section 1 is deflated when section 3 is inflated and so on from one side to another. The filling time is 11 seconds and the pressure is increased on all sections. At the end of the program, sections from 0 to 9 are inflated at the same time and the program starts again. The feeling of pressure is more intense and deep. Mode B is normally used to combat oedematose cellulite, fat deposits and to prevent liquid retention .



HighTech Combi Fit WKB009



Mode C fills with air sections from 0 to 9. First section 0 is inflated, then section 1, later section 2 and so on through all sections. The air pressure is not lost as in previous modes. There is a rest time of 11 seconds and, at the end, the program starts again from section 0. Mode C applies a stronger intensity, focusing on the abdomen and thighs. It is recommended for localized fat and more severe cellulite on thighs and abdomen.

Mode D fills with air the three sections at the same time: legs, abdomen and arms from bottom to top. This is a stronger mode, which focus on the abdomen and arms. It is recommended to prevent abdominal bloating and fluid retention in the arms. If you don't want to use a concrete mode, the device allows to choose sections separately and to adjust the inflation intensity of each section. You just need to press the area you want to treat and adjust its intensity by using the buttons "+" and "-" from 0 to 15.

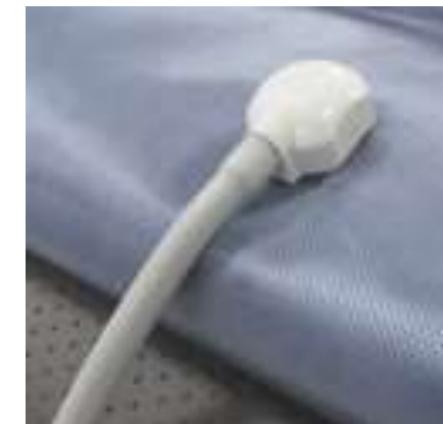


HighTech Combi Fit WKB009



Application mode

- Connect the tubes properly to the rear panel. Follow the numerical instructions. Thin cables from 1 to 5 are for thermotherapy and thick cables from 0 to 9 are for pressotherapy.
- It is important to place the blanket on a flat surface so that the customer can lay down on it.
- Cover the blanket with disposable paper to ensure the best hygienic conditions.
- Wrap the suit around the user's body. Remember to use a disposable garment underneath the pressotherapy suit.
- Turn on the device, select the treatment to perform (pressotherapy or thermotherapy) and the intensity of the treatment.
- The pressure of the device is 20 -40KPa, 25 - 40L/m.

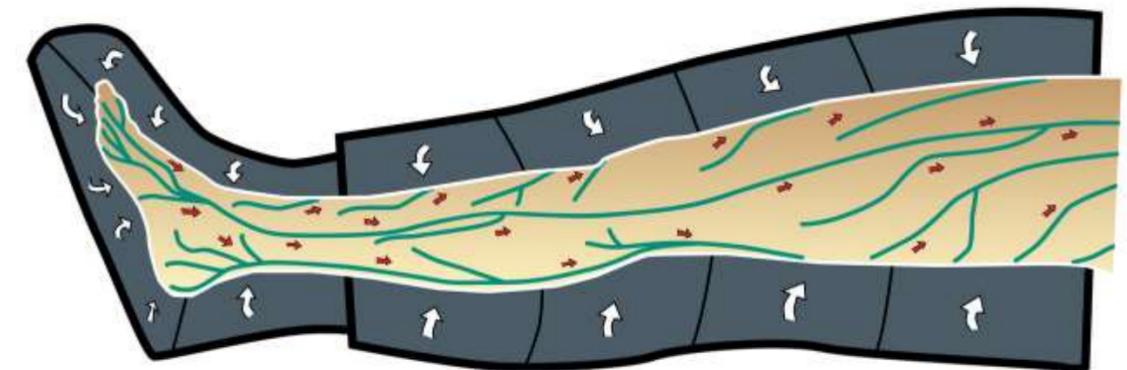


HighTech Combi Fit WKB009



Mode of treatment

The application of air pressure, which stimulates the venous return, improves blood and lymph circulation. It has a thermal and calming effect on the body. Place the customer in supine position on the treatment table and wrap the suit with the cables around the customer's body. During the treatment, adjust the pressure and time according to the customer's needs.



HighTech Combi Fit WKB009



Thermotherapy

This device is also equipped with thermotherapy, which is the use of heat in therapy. It is indicated to activate blood circulation, to encourage fat metabolism, to relieve muscular pain or stiffness and it is also very relaxing. Body temperature will rise as the temperature of the equipment is increased (maximum operating temperature is 55°C). It has a therapeutic and relaxing effect on the body. As the body is warmed, the blood circulation increases and the skin starts to sweat. Waste will be removed as the body tries to cool down. It has 5 treatment zones, which allow to adjust the temperature separately, from 0°C to 62°C.

HighTech Combi Fit WKB009



EMS

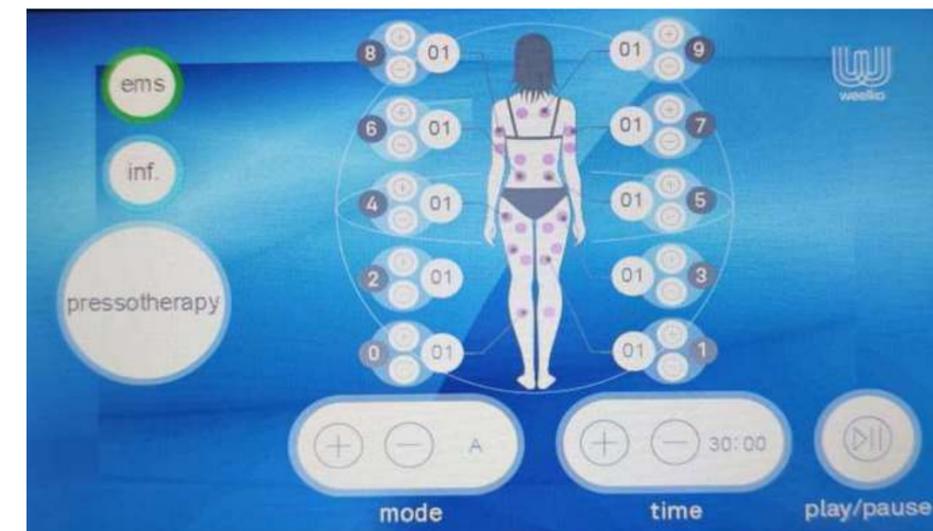
Mode: on the function EMS, the “MODE” menu allows choosing the working frequency for the electrostimulation in 4 programs A, B, C and D.

Intensity: it can be independently adjusted on each electrode from 1 to 15. In case of programs C and D, the intensity is enough for a functional activity until the contraction is visible.

Time: to specify the time of the treatment. In case of programs A and B the recommended time is 45 min. In case of programs C and D, the recommended time is 20-30 min. maximum.

Play and Pause: to start or pause the device when necessary.

The electrodes should be placed according to the following instructions. The red cable is the positive pole and has to be placed on the motor point or the muscle belly. The black cable will be the negative pole and will be placed on the electrode close to the muscle insertion.



HighTech Combi Fit WKB009



EMS

The electrostimulation consists of using electric current to induce a muscle contraction. This machine has 10 sets of electrodes of electric stimulation with pulsed wave, which will provide electric pulses to work muscle and bioelectric stimulation to improve its function, accelerate the fat metabolism, contribute to lose weight and muscle toning.

When applying electrotherapy to strengthen the muscles, one of the electrodes has to be placed on a motor point or on the muscle belly and the other one on the muscle extension so that the electrostimulation allows a strong and effective isometric contraction. This way the current will run between both electrodes from one pole to the other in the muscle fibres direction in order to make the most of the treatment. So in case you want to stimulate the most superficial muscles, place the electrodes in parallel in the direction of the muscle fibres and in case of deep tissues you need to place the electrodes transversely.

Leave a space of 5 cm. between them, apply enough conductive gel and adjust them to the customer skin with the elastic belts.

Regarding the electrode position on the abdomen, please place a couple of them below the last two ribs (above the navel) and the second set just below the navel at the height of the iliac crests.

Time of treatment:

Time needs to be adjusted according to the desired objectives and the area to work. If you seek to strengthen the muscles, between 10 and 20 minutes are recommended. To re-educate the muscle, not more than 20 minutes are needed in a single session. In case of the aesthetic treatments, it is recommended to work between 30 and 45 minutes, from 6 to 8 sessions, 2 or 3 max. per week.

HighTech Combi Fit

WKB009



EMS

4 working modes are provided:

Mode A, stimulates at a 10 Hz frequency, basically recommended for treatments against slight flaccidity, for sensitive people, to relax muscles (anesthetic). It improves circulation and the aerobic endurance.

Mode B, stimulates at a 20 Hz frequency, basically recommended for treatments against medium flaccidity, mostly appropriate for small muscles. It improves the muscle aerobic endurance and the oxidative muscle capacity.

Mode C, stimulates at a 30 Hz frequency, basically recommended for treatments against medium flaccidity, mostly appropriate for bigger muscles. It improves muscle toning, firmness and tonicity.

Mode D, stimulates at a 40 Hz frequency, basically recommended for treatments against serious flaccidity, strong contractions. It improves the muscle capacity, increases the muscle volume, strength and endurance. It also reduces the oedema by using the muscle pumping.

HighTech Combi Fit

WKB009



Indications

- Treatments for fluid retention, swelling legs and lymphedema.
- Detox treatments (fat and toxins removal).
- Heavy legs treatments.
- Adjuvant in aesthetic treatments for removing localized fat.
- Helps to improve blood circulation in customers suffering from hypertension and diabetes.
- Helps to improve orange-peel skin appearance.
- Treatment and prevention of varicose veins.
- Stimulation of the circulatory of lymphatic system.
- Muscle toning.
- Oxygenation of the body.

HighTech Combi Fit

WKB009



Contraindications

It is generally considered safe for adults of all ages, with few contraindications. However, it is important to consult a medical/aesthetic professional before getting any of these treatments.

- People with epilepsy, with a pacemaker or having a serious medical condition
- Circulation problems or disorders.
- Skin injuries, eczema or chafing.
- Diabetes.
- Thrombophlebitis and varicose veins.
- Do not apply on the eye, neck or heart area.
- Recent hemorrhages.
- Allergies and skin irritations or burns.
- Sensitivity alteration or deficit.

HighTech Combi Fit

WKB009



General contraindications

As it is a very controlled treatment, there are only few contraindications. However, it is important to consult a medical/aesthetic professional before getting any of these treatments.

- Serious cardiovascular problems.
- Phlebitis.
- Infectious illnesses.
- Skin illnesses.
- Oncologic patients and immunodeficient illnesses.
- Hormonal problems.
- Pregnant women can only get pressotherapy on legs and arms, with low pressure and only under medical prescription.
- Do not use on people with epilepsy, with a pacemaker or having a serious medical condition.
- It is not recommended to use on people with claustrophobia.

HighTech Combi Fit

WKB009



Precautions

- Be careful not to wrap the airbag too tight, to avoid hurting the users when the air is too strong. Always adjust the air pressure according to your customer's preferences.
- If the suit is broken or damaged, please replace it with a new one to avoid accidental skin burns or electric shocks.
- During the session, check with the customer that the air pressure, temperature and current are appropriate.
- The customer should drink plenty of water before and after the treatment.
- Use a cellulose protector underneath the pressotherapy suit to ensure the best hygienic conditions.
- Do not let the suit heat without anyone inside.
- Do not expose the device to dripping or splashing.
- Be careful with the electric connections.
- This device should be assembled and disassembled by professional staff.
- In case of malfunction, check carefully all connections and contact your distributor.

Yubitzay Avila
Customer Training
T. +34 93 824 9020
y.avila@weelko.com
S. Yubitzay Avila

Weelko Barcelona S. L.
Pol. Ind. La Valldan
Camí de Garreta, 92
08600 Berga
Barcelona – Spain
T. +34 93 824 9020
info@weelko.com
www.weelko.com

